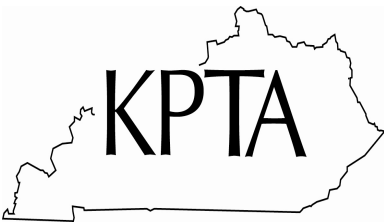


Presented by:  
The Kentucky  
Physical Therapy  
Association



[www.kpta.org](http://www.kpta.org)

## On Target: Navigating Physical Therapy Reimbursement

“Hot Issues, Trends & Healthcare  
Reform Affecting Worker’s Comp  
& Insurance”

Saturday, April 10, 2010

8:00a.m.—4:30p.m.

(Eastern Time)

Bellarmino University Office Building

2120 Newburg Road

Louisville, KY, 40205

(across from the main campus)

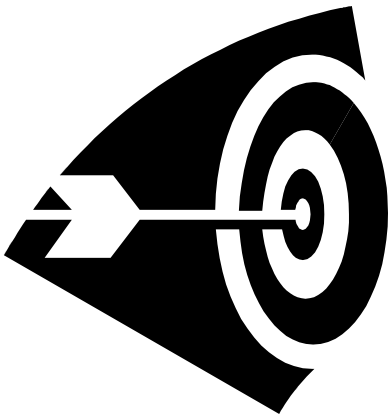
### Course Description:

This course is designed for the insurance industry professional. It will analyze the most common services provided by physical therapists & physical therapist assistants, and will include a thorough review of coding and documentation most often used by PTs. Troubleshooting, red flags, fraud and abuse will be addressed by presenters throughout the day. Efficacy of physical therapy services and cost-saving treatments and alternatives to surgery will also be reviewed.

### Course Objectives:

- To recognize and interpret moderate to strong evidence as it effects treatment of the musculoskeletal spine injuries of the injured worker and adult general population.
- To identify various methods of effective conservative prevention of low back pain and industrial injury including post offer employment testing, onsite first aid treatment, and client education

(continued next page)



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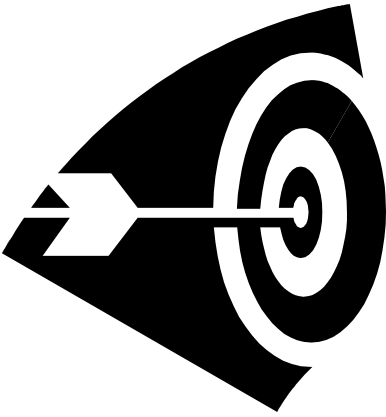
Course Objectives (continued):

- To explore current effective mid level physical therapy treatment of the injured worker including: work conditioning, work hardening and functional capacity testing.
- To explore methods for managing the aging worker with comorbidity considerations.
- To review general PT evaluation components for orthopedic musculoskeletal spine injuries
- Recognize documentation and claims flags associated with services provided by physical therapists.
- Appropriately apply correct interpretation of CPT codes for services provided by physical therapists.
- Discuss new and revised CPT codes that are pertinent to physical therapists.
- Address CPT coding challenges related to the provision of physical therapy services
- Describe the appropriate utilization of CPT codes used by physical therapists to report their services to third parties.
- Understand the clinical assessment and related documentation utilized by physical therapists.
- Understand the rigorous education and skills a PT and PTA have mastered to perform the treatments your patients require to return to their highest level of function .
- To explore current effective physical therapy treatment of the acute injured worker and adult general population including therapeutic exercise, motor coordination exercise and joint mobilization.

Jim Nugent is the Director of Reimbursement for the American Physical Therapy Association. Prior to joining APTA in 1992, he spent 20 years in the healthcare insurance industry, primarily with local Blue Cross and Blue Shield Plans, where his particular area of expertise was claims processing operations. He also worked for four years establishing a specialty managed care organization. As APTA's Director of Reimbursement, he has undertaken numerous roles, including serving as the staff liaison to the AMA's coding and relative value processes, working to develop CPT codes that adequately describe the services physical therapists deliver and to obtain reasonable levels of reimbursement for these services. Jim holds a BS degree in Financial Management from the University of Virginia and an MA in Economics from Virginia Commonwealth University.

Holly Johnson PT, DPT, Holly graduated from the University of Kentucky with a degree in Physical Therapy in 1986. She has practiced in rural Kentucky in the private practice, out patient orthopedic setting since that time in her company PT Pros. In the 1990's, Holly led her Kentucky State Chapter to draft the state's first Work Conditioning\ Work Hardening Guidelines. She completed her Transitional Doctorate of Physical Therapy with a degree from AT Still University of Health Sciences in 2005. She has been the director of the PT Pros Harlan Clinic for 22 years, located in the underground coal mining fields of Southeastern Kentucky. Currently she is the Vice President of the KPTA. She has also been a clinical educator for several PTs schools across the United States. Her areas of specialty include marketing, orthopedics, sports medicine, manual therapy, and industrial therapy in the out -patient PT setting. Holly is a certified Graston, WorkWell and WorkSteps provider.

Dave Pariser, PT, PhD received his BS in Physical Therapy from West Virginia University in 1983 and his M.Ed. and PhD from the University of New Orleans. Dave has been active in Physical Therapy advocacy and practice issues for many years. He served as president of the Louisiana Physical Therapy Association and is currently the chair of the Kentucky Physical Therapy Association's Public Policy Committee. Dave is an Assistant Professor in Bellarmine University's Doctor of Physical Therapy program. (continued next page)



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### About Our Speakers (continued):

Michael Muscarella, PT, DPT has been the Director of Rehabilitation Services at Western Baptist Hospital in Paducah for over 18 years. He holds a Doctor of Physical Therapy degree from the University of Kentucky and a Bachelor of Science degree in Physical Therapy from Old Dominion University. He is also enrolled in the Masters of Public Health (MPH) program at Western Kentucky University. In addition to chairing the Purchase AHEC Board of Directors at Murray State University, he also serves as a graduate school instructor for the University of Kentucky’s program in physical therapy. He is a member of the Kentucky Hospital Association’s Center for Allied Health Professions board, and is the vice president of the Rotary Club of Paducah. Michael is also a delegate to the American Physical Therapy Association’s House of Delegate and just finished his 3<sup>rd</sup> term this past June. Michael has been a member of the American Physical Therapy Association and the Kentucky Physical Therapy Association for 28 years.

### Course Schedule (all times are EST):

8:00a.m.—8:30a.m. Registration

8:30a.m.—8:45a.m. Introduction to Physical Therapy including: Kentucky Practice Act, Direct Access, The Guide to Physical Therapy Practice

8:45a.m.—9:15a.m. State of the Union: Recent Legislation & It’s Implications

9:15a.m.—10:15a.m. Physical Therapy Coding

10:15a.m.—10:30a.m. Break

10:30a.m.—11:30a.m. Coding (cont.)

11:30a.m.—12:15p.m. Lunch, provided

12:15p.m.—2:45p.m. Best Practices for Treatment of Musculoskeletal Spine Injuries: An Evidence-Based Approach

2:45p.m.—3:00p.m. Break

3:00p.m.—4:00p.m. Documentation for Physical Therapy

4:00p.m.—4:30p.m. Questions, Answers, Adjourn

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On Target: Navigating Physical Therapy  
Reimbursement

“Hot Issues, Trends & Healthcare  
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\$115 for KPTA Members & their staff; \$195 for non-members  
(group pricing available, call 859-485-2812 or e-mail [kpta@bluegrass.net](mailto:kpta@bluegrass.net) for info)  
Lunch provided

CEU Information  
7 CEU's will be provided for Kentucky

Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Method of payment:

\_\_\_\_\_ Check enclosed

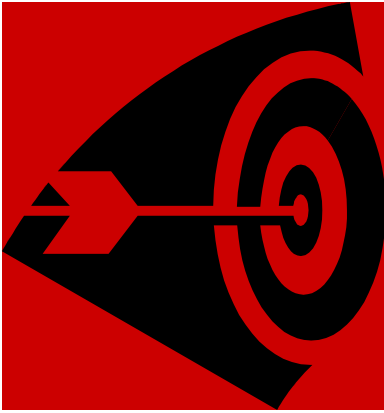
\_\_\_\_\_ Please send an invoice

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Mail payment & form to:  
KPTA  
15847 Teal Road, Verona, KY, 41092  
Or fax to:  
859-485-2813  
Or register online at:  
[www.regonline.com/reimbursementforum10](http://www.regonline.com/reimbursementforum10)

Credit card number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Signature: \_\_\_\_\_



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