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## **WESTERN DISTRICT MEETING**

**November 4, 6:00pm at Owensboro Health Park  
(in the Chapel Conference Room).**

**Topic:**

**Bell's Palsy Treatment with Iontophoresis  
(a study overview),  
presented by Bruce Mauzy, PT.**

# KPTA Newsletter

August 2004

Vol. 46 No. 2



[www.kpta.org](http://www.kpta.org)



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## FALL CONFERENCE October 22-23, 2004

**Hilton Greater Cincinnati Airport Hotel  
7373 Turfway Road  
Florence, KY 41042**

*Featuring:*

**Advances in Examination and  
Treatment of Patients with Selected Knee Conditions:  
Emphasis on Evidence-Based Practice**

*By George J. Davies, DPT, MED,  
SCS, ATC, LAT, CSCS, CET, CCI, SMAC, (REMT)*

**HIGH POWER PHYSICAL THERAPY MANAGEMENT**

*By Peter Kovacek, MSA, PT*

**CLINICAL RADIOLOGY AND IMAGING  
FOR PHYSICAL THERAPISTS**

*By Lt. Col. (R) James H. Swain, MPT*

**See inside for course descriptions,  
registration and hotel information.**



# Message from the President

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*By Cindy Hile PT, M.Ed.*

I just returned from an exciting APTA Annual Conference in Chicago and, as usual, have more information to share than space for discussion. Arriving on Saturday evening June 26th, the Component Presidents participated in a reception followed by a chance to sample one of Chicago's finest Italian restaurants. We savored our high-carb meal of pasta and wine, knowing the energy boost would benefit us during the next four-day schedule. At the Sunday Presidents' Meeting, we discussed the Restructuring of the Affiliate Members in APTA, Status on Physician Ownership of PT Services, Practice Visits Initiative, Fundraising for the Foundation, and Communicating Vision 2020 to the Grassroots. Several of the topics are highlighted below.

**Restructuring of the Affiliate Members in APTA**—The National Assembly was created six years ago with the intent to review it at this point. From the onset, specific goals for the PTA included participation, involvement, recognition and value in the APTA, while integrating PTA's within the governing structure. With growth and change, the governing structure needs to be addressed. Much work has already gone into this—A Task Force was set up and both Boards have been meeting to discuss options. This is a process—more info will be shared as it evolves.

**Practice Visits Initiative**—The APTA is undertaking it's first ever Practice Visits Initiative to help PT's and PTA's educate legislators about patient care issues in your own practice settings. A guide has been developed answering questions such as why it is important to invite a legislator to one's practice, and including tips for planning, organizing, conducting, and follow-up on a successful practice visit. The goal is to have one visit per Chapter in each practice setting. Federal Affairs Liaisons and Key Contacts just received this information and will be involved in communicating more detail to members.

**Foundation for PT**—The Foundation for PT has several fundraisers throughout the year to support its goals—to fund and build a lasting future, to fund research critical to the profession, and to build researchers. Many of you supported the Split Raffle Ticket Sales the past two years. Though the KPTA ticket of 10 contributors did not win a prize this year, your donation will be put to good use! A new initiative by the Delaware Chapter raises a challenge to all components. Their goal is to raise \$100,000 before CSM 2005. To accomplish this, each chapter will be asked to set a target donation goal equal to \$2 per member. Delaware started the pot with \$5,000, representing \$15 per member! The Chapter that contributes the most wins one of five prizes. We hope you agree that we should accept the challenge!

**Government Affairs Update**—So close to 2004 elections, no action is expected on health care issues. The Fiscal Year 2005 budget is in disarray. Major tax and energy bills are unresolved. Major Medicare legislation is likely in 2005 amid deficit concerns. A few of the critical issues that APTA will be involved in include Direct Access, MEDPAC (report to Congress due 1/1/05), Medicare Patient Access to PT Act (push for co-sponsors continues), and the Therapy Cap. The moratorium ends December 2005. APTA continues to work with CMS, GAO and Congress to try to find alternatives. Congress must act in 2005 amid concerns of increased PT utilization. Should be an interesting year!

**House of Delegates**—The first session of the House of Delegates began Monday evening. Of interest to many of you as future delegates—How did the Kentucky delegation spend our days? Your representatives spent Sunday and Monday attending delegate strategy sessions, pre-house motion discussion groups (ideal setting to review and “fine tune” many of the issues before the House sessions), and caucuses. Another role for us as delegates was the interview and election process for candidates running for APTA offices such as Board of Directors, Vice Speaker, Secretary and Nominating Committee. Thank you to the Kentucky delegates (Sam Brown Chief Delegate, Terry Brown, Bob Sellin, Mona Carper, Deb Janes and me) and to the RBNA representative Sean Sullivan PTA for their service to the Chapter and a job well done!

# First Steps

by Judy Taylor  
KPTA Lobbyist

First Steps is a program which has had a profound positive impact on the lives of many children with disabilities but it is currently undergoing a change which is upsetting to many who are receiving services from this program. It would be wonderful if every child could have every service that would benefit them. Unfortunately all services and the delivery of those services require expenditures of a finite amount of resources. During the legislative session, I had extensive discussions with an individual who worked with CHR. He explained the program as it was currently working and how he believed it should work. He believes that if it is working efficiently then it should look like a pyramid. Early intervention with needed services and then the need for less and less services. What the program has looked like is a silo with an ever expanding circumference. The truth that nobody ever likes to hear is that there are only so many dollars that can be dedicated to any program regardless of what that program is. Everyone who wants a government service plus those who receive a government service believe that the service they want or receive is important.

Lest you think I just don't understand the problem, let me assure you that I do. My grandson Samuel has Charge Syndrome. He also shows many signs of autism. He is legally blind, completely deaf in one ear and partially deaf in the remaining ear. His medical problems are enormous. He doesn't eat, only drinks. He is a head banger and obsessive compulsive. As his

grandmother, I want him to have every opportunity to achieve whatever he can. I know that much of his achievement will depend on what services he receives. I also know that as parents and grandparents we have an awesome responsibility in caring for Samuel. It isn't easy. We love Samuel and only want the best for him. Sometimes we don't know what is the best thing for him so we try anything and everything. What most of us want who have a child with such special needs, is understanding. Of course we also want a miracle that makes our child just like everyone else's child. Dreams die hard and I believe that many parents hold onto the idea that just one more service or just a little more therapy might make all the difference in the world. They could be right, it might make a big difference but sadly for many it is a way to hold on to a dream.

Dr. Steve Davis has been appointed the director of this program. I have known Steve for a number of years and have found him to be a dedicated and compassionate man and doctor. His job will be extremely difficult because Steve has a great love for children and I know that his heart will tell him do everything that needs to be done. Unfortunately that won't be an option for him. He is constrained to work within allowed resources but I know that he will do the very best he can with the money allocated. We need to be supportive of him and work with him to deliver maximum services for each expended dollar. I want very much for us to be part of the solution. Will you help do that please?

## Bluegrass Biomedical

has been providing medical equipment services to Physical Therapy providers in Kentucky since 1988.

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# FALL CONFERENCE

## Course Descriptions

### COURSE 1: Advances in Examination and Treatment of Patients with Selected Knee Conditions: Emphasis on Evidence-Based Practice

Friday, October 22, 8:00am-5:00pm (EST) and Saturday, October 23, 8:00am-5:00pm (EST)

#### Course Description

This course is designed to provide the participants with up to date and advanced concepts, treatment strategies and research (evidence-based practice) supporting the evaluation and treatment of selected knee conditions. Emphasis will be placed on an algorithm-based clinical examination for efficient time management in the clinic. Participants will have the opportunity to learn through a demonstration the examination skills during this course. The scientific and clinical rationale (evidence-based practice) for rehabilitation strategies and progressions will be presented for use with selected knee conditions. Case studies, treatment protocols, outcome measures, and DVD's of surgeries and treatment techniques will be presented. This is an interactive course that will provide information and encourage participants to integrate this information into the development of individualized programs to enhance the quality care of their patients with selected knee conditions.

Upon completion of the course, participants will be able to:

- Describe the process and components of an algorithm based examination of the knee
- Describe selected components of the algorithm based examination of the knee
- Develop specific rehabilitation strategies for selected knee conditions
- Discuss the rationale for the progression of rehabilitation techniques
- Create innovative treatments using OKC, CKC, plyometrics and neuromuscular reactive training techniques, etc.
- Compare and contrast treatment techniques and outcomes for selected knee conditions

#### Speaker

**George J. Davies, DPT, MED, SCS, ATC, LAT, CSCS , CET, CCI, SMAC, (REMT)**

Dr. George J. Davies is an internationally known speaker who has presented hundreds of conferences throughout the world on sports physical therapy, athletic training, shoulder, knee, open and closed kinetic chain topics, orthopaedics, rehabilitation and Isokinetics. George is a clinician, educator, speaker, researcher, author, editor and consultant. He has been involved in the clinical practice of sports physical therapy/athletic training, since he was a student athletic trainer, for almost 40 years.

He has a **passion for teaching** and has been an **educator for over 30 years** in colleges and universities. For the past 28 years, he has been involved in teaching undergraduate and graduate physical therapy courses including: cadaver anatomy, biomechanics, sports physical therapy, orthopaedics, and examination courses. Because George values education, after 30 years, he returned to school and completed his post-professional DPT at MGH Institute of Health Professions and graduated with highest honors.

Dr. Davies has been involved in many **research projects** that have been presented at numerous national conferences and published in various journals. He has participated in hundreds of scientific conferences and workshops throughout the world in the last 28 years. He has **published** over 150 articles and research abstracts in various periodicals, has written several books and has contributed chapters to over 30 books. George was the original co-founder and co-editor of **The Journal of Orthopaedic and Sports Physical Therapy** for approximately 10 years. He was also one of the original founders and co-editors of the international journal *Isokinetics and Exercise Science* for 5 years.

He served as the **President of the Sports Physical Therapy Section - APTA** from 1992-1998. He was the 1999 recipient of the **Peyton Award** to acknowledge and honor an outstanding member of the SPTS. It is the highest award offered by the Sports Physical Therapy Section for contributions to the sports physical therapy profession.

He has also won many other prestigious national awards including: Who's Who, Outstanding Young Men of America, etc. Additionally, George was the 1994 recipient of the American Physical Therapy Association's prestigious **Baethke-Carlin Award for Excellence in Academic Teaching**. The purpose of this award is to acknowledge individuals who have made significant contributions to physical therapy education through their dedication and excellence in academic teaching. Only one faculty member per year earns the award. He was the 2000 recipient of the Coulee Region Officials Association **Distinguished Service Award for 25 years of volunteer service** to the LaCrosse community in the area of athletics and sports medicine. George also won the **First GLATA Outstanding Educator Award** in 2002.



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& **Physical Therapist Assistants**:

**Rehabilitation Manager/Physical Therapist Opportunities:**

- Prairie Village Nursing & Rehab- Washington, IN \***Relocation Assistance/Sign-on bonus\***
- Parkview Nursing Center- Muncie, IN (Indianapolis, IN suburbs) **Relocation Assistance**
- Canterbury Nursing- Fort Wayne, IN
- Pembroke Nursing & Rehab-Pembroke, KY (Hopkinsville, KY suburbs) \* **\$10,000 Sign-on bonus\***

**Physical Therapist Staff Opportunities:**

- Pembroke Nursing & Rehab-Pembroke, KY (Hopkinsville, KY suburbs) \* **\$10,000 Sign-on bonus\***
- Stanton Nursing & Rehab- Stanton, KY (Lexington, KY suburbs) \* **\$5,000 Sign-on Bonus\***
- Irvine Health & Rehab -Irvine, KY (Richmond, KY suburbs)
- Medco of Campbellsville & Springfield Nursing & Rehab- Campbellsville & Springfield, KY
- Medco of Brandenburg- Brandenburg, KY (Western suburbs of Louisville, KY)
- Bon Harbor Nursing & Rehab- Owensboro, KY \* **\$5,000 Sign-on bonus \***
- Meadowview-Salem, IN (Northern suburbs of Louisville, KY)
- Todd-Dickey-Leavenworth, IN (Western suburbs of Louisville, KY)
- Shady Lawn Nursing & Rehab- Cadiz, KY
- Canterbury Nursing & Rehab- Fort Wayne, IN
- Swiss Villa Nursing & Rehab Center- Vevay, IN (Cincinnati, OH suburbs) \* **\$3,000 Sign-on bonus\***
- North Park Nursing Center-Evansville, IN
- Mt. Vernon Nursing & Rehab- Evansville, IN
- Medco Health & Rehab-French Lick, IN

**Physical Therapist Assistant Opportunities:**

- North Park Nursing Center-Evansville, IN
- Scotts Villa Nursing & Rehab- Scottsburg, IN
- Meadowview-Salem, IN (Northern suburbs of Louisville, KY)
- Stanton Nursing & Rehab- Stanton, KY (Lexington, KY suburbs) \* **\$5,000 Sign-on Bonus\***
- Medco of Campbellsville & Springfield Nursing & Rehab- Campbellsville & Springfield, KY
- Bon Harbor Nursing & Rehab- Owensboro, KY
- Medco Center of Bowling Green- Bowling Green, KY
- Medco of Franklin- Franklin, KY (On the border of Nashville, TN/KY)

For More information contact jennifer Weimer, Therapy Recruiter  
Phone: 800-395-50000 ext 8254  
Fax: 414-908-8143  
Website: [www.extendicare.com](http://www.extendicare.com)

# FALL CONFERENCE

Peter is the co-author with his wife, Jake, of *Managing Physical Rehabilitation in a Managed Care Environment*, co-author of the leading rehab management textbook for student therapists, *Management and Supervisory Principles for Physical Therapists*, published by Lippincott, Williams and Wilkins.

He is a co-owner of several Michigan-based rehabilitation companies including Kovacek Management Services, Inc. a company that specializes in management development and consulting in Rehabilitation Services, In Home Rehab LLC a company that provides rehabilitation services to individuals in the confines of their personal residence, Long Term Care Rehab Management, LLC a company that provides rehabilitation services on contract to skilled nursing facility residence and 1st Choice Physical Therapy, LLC a general orthopedic and geriatric outpatient clinic in Macomb County . Peter is also the founder and owner of PTManager.com - the largest and most comprehensive rehabilitation management and administration web site on the internet - serving over 15,000 rehab administrators and owners with the latest regulatory and leadership information daily.

Peter received his undergraduate degree (cum Laude) in Physical Therapy from Marquette University in Milwaukee, Wisconsin in 1977 and his Masters of Science in Administration (with an emphasis on health care marketing) from Central Michigan University in 1984. He has also been adjunct or part time faculty at Wayne State University and Oakland University since 1979 and is currently visiting faculty at Central Michigan University, University of Maryland and Northern Arizona University.

Peter was inducted into the APTA Section on Administration Hall of Fame in February 2002. Additionally, his peers have recognized Peter by being awarding him the APTA Section on Administration Leadership Award in 2000, APTA Acute Care Section Jim Dunleavy Outstanding Service Award in 1999 and the American Cancer Society of Michigan Distinguished Volunteer Award in 1992 - all the highest honors of each of the respected organizations.

## **COURSE 3: CLINICAL RADIOLOGY AND IMAGING FOR PHYSICAL THERAPISTS**

Saturday, October 23, 8:00am-5:00pm (EST)

### **Course Description**

This is a challenging, one day course to introduce/review the basics of clinical plain film radiology, the cervical and lumbar spine, shoulder and knee. The concepts of MRI, CT and Bone Scanning will be introduced and explored. A simple, clinically applicable, systematic approach to analysis will be explained and clinically relevant examples demonstrated; along with examples of more common clinical pathologies. As time allows, there will be opportunities to interact with the program.

The course is intense, focused and targeted toward the practicing clinician who would like to integrate imaging into their practice in an accurate and meaningful manner to assist in clinical treatment planning and understanding pathology.

Upon completion of this course participants will be able to:

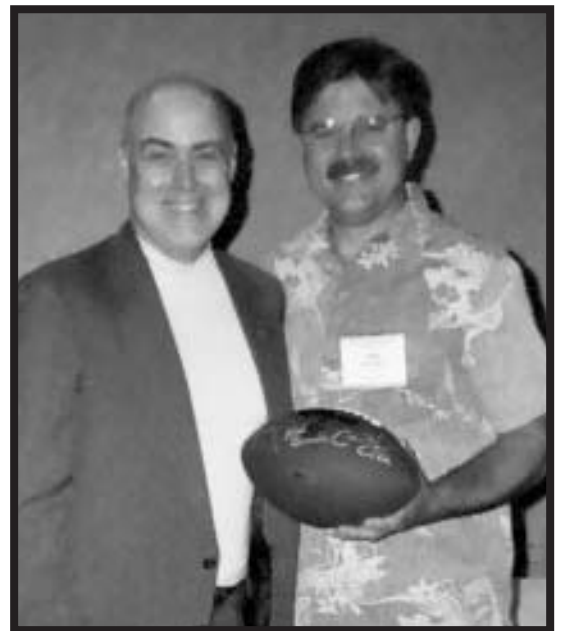
- The student will demonstrate the ability to analyze the patient's imaging and integrate these into the clinical presentation and to the patient's treatment plan
- The student will present a systematic approach to the analysis of plain film radiology.
- The student will recognize the difference between and clinically important advantages of plain film radiology versus MRI, C.T and bone scans.
- The student will demonstrate the ability to identify the standard films needed for the analysis of the shoulder, knee and the spine.
- The student will demonstrate understanding of and identification of the more common musculoskeletal pathologies of the spine, shoulder and knee.
- The student will understand the importance of integrating imaging into their clinical analysis of the patient's presentation and stage the treatment plan based upon their findings.
- The student will demonstrate the ability to refer to various pathologies and common anomalies on the x-rays in proper professional terminology.
- The students will understand the strict clinical limitations of common plain film imaging and avoid 'over reading' the films.

### **Speaker**

**Lt. Col. (R) James H. Swain, MPT** is a twenty- year veteran of the United States Army Medical Department. During his tenure, he served as the Director of Physical Therapy for Kenner Army Community Hospital in Fort Lee, Virginia; and was



*The Kentucky Delegates at APTA's National Conference in Chicago.*



*Dr. Cliff Kuhn, aka, "The Laugh Doctor," and KPTA Treasurer, Bob Sellin, share a joke at Spring Conference.*



*Dr. Tony English, Dr. Anne Harrison & Dr. Terry Malone assisted research posters at Spring Conference.*



*Spring Conference attendees socialize at the opening reception.*

# FALL CONFERENCE

## REGISTRATION FORM

**\*Note you must register for the reception and business meeting, even if you are not taking a course.**

**Opening Reception**, Friday October 22, Hilton Greater Cincinnati Airport Hotel 6:00 pm (EST)  
\_\_\_\_\_ (business meeting will follow)

**Course 1: “Advances in Examination and Treatment of Patients with Selected Knee Conditions: Emphasis on Evidence-Based Practice” (10/22 & 10/23; 8:00-5:00 EST)**

	<u>Early Bird</u>	<u>After 10/1/04</u>
APTA Member	\$400	\$425
Non-Member	\$500	\$525
Non-Licensed Student Member	\$50	\$75
Non-Licensed Student Non-Member	\$150	\$175

**Course 2: “High Power Physical Therapy Management” (10/23; 8:00-5:00 EST)**

	<u>Early Bird</u>	<u>After 10/1/04</u>
APTA Member	\$200	\$225
Non-Member	\$300	\$325
Non-Licensed Student Member	\$50	\$75
Non-Licensed Student Non-Member	\$150	\$175

**Course 3: “Clinical Radiology and Imaging for Physical Therapists” (10/23; 8:00-5:00 EST)**

	<u>Early Bird</u>	<u>After 10/1/04</u>
APTA Member	\$200	\$225
Non-Member	\$300	\$325
Non-Licensed Student Member	\$50	\$75
Non-Licensed Student Non-Member	\$150	\$175

**Note: office personnel of APTA members may attend the management course at the member price**

**Course 4: “Clinical Research: How to Get Started” (10/22; 3:30-5:00 EST)**

APTA Member	FREE
Non-Member	\$25

\_\_\_\_\_ **Yes! I will add \$2.00 to my registration fee as a donation to the Foundation for Physical Therapy.**

Name \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Please make checks payable to “Kentucky Physical Therapy Association”  
Or

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Card number: \_\_\_\_\_

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Or fax: 859-485-2813

Questions?

Call:859-485-2812, or 1-800-482-5782 or e-mail: [kpta@bluegrass.net](mailto:kpta@bluegrass.net)

# FALL CONFERENCE

## Elections to be held at Fall Conference

The Nominating Committee is searching for several candidates for the following positions:

- **President Elect**
- **Delegate**
- **RBNA Representative**
- **RBNA Alternate**
- **Kentucky Board of Physical Therapy Board Members**

Those interested in any of these positions will need to contact Kathy Rorer at [rehab4@lycos.com](mailto:rehab4@lycos.com) or 270-527-5575 to fill out a candidate information form. The forms must be submitted by September 15, 2004.

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### **PRESIDENT:**

**Elected for a 3 year term; cannot serve more than 2 consecutive terms in the same office.**

#### **Duties and Responsibilities:**

- Serve as official head of and the spokesperson for the Chapter.
- Member of the Board of Directors which meets at least 4 times per year. This Board carries out the mandates and policies of the Chapter and Association as determined by the membership. It has full power and complete authority to perform and transact business for and on behalf of the Chapter.
- Member of the Executive Committee which meets at least 2 times per year and exercises the power of the board of Directors between their meetings.
- Preside at all meetings of the chapter, the Board of Directors and the Executive Committee.
- Be ex officio member of all panels and committees except the nominating committee and the ethics committee.
- Submit annual reports and all other reports to the Association.
- Submit a list of at least 5 names to the governor for appointments to the State Board of Physical Therapy after the names are proposed by the general membership.

### **PRESIDENT ELECT:**

**Elected for a one year term during last year of President's term.**

#### **Duties and Responsibilities:**

- Observe all duties and actions of the President.
- Go through orientation process.
- Officiate at meetings in the absence of the President, if requested.
- Serves as a non-voting member of the Board of Directors (i.e. should attend Board Meetings).
- Attend one or more of the following meetings:
  - APTA Government Affairs Forum
  - President's meeting at CSM
  - President's meeting at National
  - APTA component Leadership Forum

### **VICE PRESIDENT:**

**Elected for a 3 year term; cannot serve more than 2 consecutive terms in the same office.**

#### **Duties and Responsibilities:**

- Assume the duties of the President in his/her absence.
- Member of the Board of Directors which meets at least 4 times per year. This board carries out the mandates and policies of the Chapter and Association as determined by the membership. It has full power and complete authority to perform and transact business for and on behalf of the Chapter.
- Member of the Executive committee which meets at least 2 times per year and exercises the power of the Board of Directors between their meetings.
- Serve as Chairperson of a panel.
- Record minutes of the Executive Committee meetings and submits them to the Chapter Secretary.

# FALL CONFERENCE

## **TREASURER:**

**Elected for a 3 year term; cannot serve more than 2 consecutive terms in the same office**

### **Duties and Responsibilities:**

- Serve as custodian of all funds for the Chapter.
- Member of the Board of Directors which meets at least 4 times per year. This board carries out the mandates and policies of the chapter and Association as determined by the membership. It has full power and complete authority to perform and transact business for an on behalf of the Chapter.
- Member of the Executive Committee which meets at least 2 times per year and exercises the power of the Board of Directors between their meetings.
- Bonded by the Chapter.
- Serve on the Finance Committee.
- Maintain a true and accurate account of all receipts and disbursements which shall be the property of the Chapter.
- Arrange for an external audit annually.
- Submit an annual financial report to the Association.
- Submit a written report to the Chapter at the annual meeting and to the Executive Committee and Board of Directors on request.

## **SECRETARY:**

**Elected for a 3 year term; cannot serve more than 2 consecutive terms in the same office**

### **Duties and Responsibilities:**

- Ensures that the minutes of all meetings of the Chapter and the Board of Directors are recorded.
- Member of the Board of Directors which meets at least 4 times per year. This Board carries out the mandates and policies of the chapter and Association as determined by the membership. It has full power and complete authority to perform and transact business for and on behalf of the Chapter.
- Maintain the Chapter's file of records.
- Serve as Chairperson of a Panel.

## **CHIEF DELEGATE:**

**Elected for a 3 year term; cannot serve more than 2 consecutive terms in the same office.**

**Qualifications: Active member of the Association in good standing for at least 4 years immediately preceding election**

### **Duties and Responsibilities:**

- Member of the Board of Directors which meets at least 4 times per year. This Board carries out the mandates and policies of the Chapter and Association as determined by the membership. It has full power and complete authority to perform and transact business for and on behalf of the Chapter.
- Responsible for the Chapter's total voting delegation to the House of Delegates.
- Advise the Chapter Board of Directors regarding national issues and candidates for national office.
- Hold Chapter delegate meetings prior to, during, and after the House of Delegates.
- Represent the Chapter at all appropriate caucus meetings the Chapter is invited to attend.
- Serve as Chairperson of a panel.
- Notify the Association Headquarters of the names of the Chapter delegates selected.

## **ACTIVE AND AFFILIATE DELEGATES:**

**Elected for a 1 year term**

**Qualifications: Active member or Affiliate member of the Association in good standing for at least 2 years immediately preceding election.**

### **Duties and Responsibilities:**

- Attend all meetings of the House of Delegates and all caucuses called by the Chief Delegate at the annual conference.
- Attend at least one pre-conference and one post-conference meeting of the delegates if called by the Chief Delegate.
- President to the House of Delegates such matters as are ordered by the Chapter membership.
- Represent the chapter on all other matters brought before the House of Delegates.
- Present the Chapter a list of the possible candidates for nomination to the Association offices in the year following their presence in the House of Delegates.

## **REPRESENTATIVE TO THE REPRESENTATIVE BODY OF THE NATIONAL ASSEMBLY OF PHYSICAL THERAPIST ASSISTANTS:**

**Elected for a 2 year term**

- Serves a two year term.
- Be a member of the KPTA Board of Directors and attend KPTA board meetings (4x per year)
- Be available for conference calls for regional discussion.
- Attend APTA's House of Delegates as your state representative.

# FALL CONFERENCE

Chief, Physical Therapy at the U.S. Military Academy in West Point, New York. Currently Lt. Col. Swain is the Director for Rehabilitation Services at Mercy Medical Center in Nampa, Idaho. He has been published in *JOSPT* and *Clinics in Sports Medicine*. He has presented at numerous physical therapy conferences on both the state and national level; and is a past-president of the Hawaii Chapter of the American Physical Therapy Association.

## **COURSE 4: FOUNDATIONS IN CLINICAL RESEARCH: HOW TO GET STARTED**

Friday, October 22, 3:30pm-5:00pm (EST)

### **Course Description**

This 1.5 hour course will lay the foundation for Physical Therapists who want to begin participating in clinical research. An introduction to research and its value in physical therapy practice will be followed by foundational information including measurement scales, variables, types of measure, basic statistical and analytical concepts as well as reliability, validity, sensitivity and specificity. Also discussed will be common research designs including experimental, random clinical trials, surveys, case studies and single subject designs. Special emphasis will be placed on designs that can be easily incorporated in a practice environment.

### **Speakers**

Anne L. Harrison, PT, PhD, Hank White, MSPT, Lori Bolgla, PT, Tony English, PT, MSEd

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## **2004 Fall Conference Schedule**

### **Friday, October 22, 2004**

7:00am-8:00am	Registration/Continental Breakfast
8:00am-5:00pm	Course 1
12:00pm-1:00pm	Lunch On Your Own for Course Participants
2:00pm-5:00pm	KPTA Board Meeting
3:30pm-5:00pm	Course 4
6:00pm-7:00pm	Reception (appetizers & cash bar)
7:00pm-8:00pm	Business Meeting

### **Saturday, October 23, 2004**

7:00am-8:00am	Registration/Continental Breakfast
8:00am-5:00pm	Course 1
8:00am-5:00-pm	Course 2
8:00am-12:00noon	Course 3
12:00pm-1:30pm	Lunch On Your Own for Course Participants

**Fall Conference Location:** All conference activities will be held at the Hilton Greater Cincinnati Airport Hotel, 7373 Turfway Road, Florence, KY 41042; 859-371-4400.

### **Directions:**

- From Cincinnati** 71/75 South to the Turfway Rd. exit. At first traffic signal turn right onto Houston Rd., at next traffic signal turn right onto Turfway Rd, the hotel is on the right.
- From Lexington** 75 North to the Turfway Rd. exit. At first traffic signal turn right onto Houston Rd., at next traffic signal turn right onto Turfway Rd, the hotel is on the right.
- From Louisville** 71 North to 71/75 North, exit at Turfway Rd. At first traffic signal turn right onto Houston Rd., at next traffic signal turn right onto Turfway Rd, the hotel is on the right.



# teamwork

nurtures  
*growth*

We have wonderful opportunities for physical therapists in our rehab facilities around Kentucky - Louisville, Florence, Fort Thomas and Lexington - and we are growing so that we may offer clients more choices for their care and offer staff more choices for their careers.


We offer a variety of inpatient and outpatient physical rehabilitation services to pediatric and adult patients and are always looking for dedicated professionals to join our team. We offer competitive salaries and excellent benefits, but most importantly, we offer the chance to make a difference in the lives of people with disabilities all across Kentucky. You can surround yourself with people who have many years of experience and are enthusiastic about sharing their knowledge!

In compliance with federal and state laws, qualified applicants are considered for all positions without regard to race, color, religion, sex, national origin, age, marital status, disability, veterans status, or sexual preference. Cardinal Hill Healthcare System is an Equal Opportunity Employer.

Visit our Website at

 [www.cardinalhill.org](http://www.cardinalhill.org)

for links to each of our locations, or  
contact Michelle Graybeal, PT, MBA at

 (859) 254-5701

or email [mmm@cardinalhill.org](mailto:mmm@cardinalhill.org) for more  
information on physical therapy careers  
with our system!

**CARDINAL  
HILL** HEALTHCARE  
SYSTEM

Human Resources  
Cardinal Hill Healthcare System  
2050 Versailles Road  
Lexington, KY 40504  
(859) 254-5701 x5212  
fax (859) 367-7158



# FALL CONFERENCE

Dr. Davies is presently a **Professor of Physical Therapy** at Armstrong Atlantic State University, Graduate Program in Physical Therapy, Savannah, GA., 2004. He is also a **Professor-Emeritus** of Physical Therapy at the University of Wisconsin-LaCrosse Graduate Physical Therapy Program. He also continues to serve as **Clinical and Research Director** of the first publicly credentialed (by the APTA) Sports Physical Residency Program in the U.S. at Gundersen Lutheran Sports Medicine (GLSM) and is a consultant and continues clinical practice of sports physical therapy at GLSM. He also is actively involved in the sports coverage as an athletic trainer of a variety of sporting events. George worked at the 1980 **Olympics** and the 2002 Salt Lake **Olympics** in the sports medicine polyclinic in the Olympic Village as well as several venue sites as the field of play athletic trainer. He has also recently worked as a volunteer trainer at the **USOTC**, Lake Placid, N.Y., 2003.

One of the reasons George is involved in Sports Physical Therapy is because the former **U.S. Marine** also likes to think he is an occasional athlete by participating in: **running** (over 35 years), **marathons** (sub-3 hours), ultra- marathons, **triathlons**, **iron-man triathlon**, and weight training. George has also been involved in the martial arts for over 20 years. He holds a **Black Belt in Karate** and has been a **Sensei** (teacher) of Karate for the last several years. He has also recently achieved the status as a certified Specialist in Martial Arts Conditioning (SMAC) of which there are very few in the United States. One of the accomplishments he is most proud of is that he is also a **CANCER SURVIVOR** and continues to participate in many of the above activities.

Web site: [www.pt.armstrong.edu/davies](http://www.pt.armstrong.edu/davies)

## **COURSE 2: HIGH POWER PHYSICAL THERAPY MANAGEMENT**

Saturday, October 23, 8:00am-5:00pm (EST)

### **Course Description**

This workshop will consist of group discussion, interactive learning sessions, and presentations designed to improve the management skills of the Rehab manager. An emphasis will be placed on worker and workgroup success strategies. Cases will focus on the examination of stress and frustration in the everyday world of the manager. This workshop will benefit novice and experienced managers and staff in any of the rehab disciplines.

Upon completion of the session on high power Rehab therapy management, each participant will be able to:

- Recognize the **primary activities** of the Rehab manager.
- Identify the **characteristics of successful** managers, workers and workgroups.
- Differentiate between **management and leadership**.
- Identify common strategies that lead to worker and workgroup success.
- Develop a **personal plan of action** to enhance their managerial effectiveness.

### **Speaker**

**Peter Kovacek, MSA, PT** has been actively involved in physical therapy and a member of APTA and MPTA over the past 27 years.

Peter has vast experience in many areas of rehabilitation practice and management. As a clinician, Peter has been a skilled geriatric and cardiopulmonary physical therapist for over 27 years. Peter has spoken and consulted extensively on managerial and leadership topics for over 15 years and is a frequent keynote and featured speaker for American Physical Therapy Association (APTA) Chapters and annually has been an invited speaker for APTA national conferences and symposia. Peter has participated in a large number of professional task forces and summits on topics ranging from coding, billing and financial management to legislation and regulatory issues. Peter is a popular writer and lecturer on a wide variety of topics ranging from basic rehabilitation management skills for new or potential managers to advanced leadership and entrepreneurial skills for veteran managers, administrators and owners.

Peter was the President of the Section on Administration of APTA 1998-2002 and served on the APTA Nominating Committee 2001-2004. Peter was also Vice President of the Acute Care Section of APTA 1996-1998 and a member of the Michigan Physical Therapy Association Board of Directors serving as Public Relations Director and Member of the Nominating Committee in the early 1990's.

Peter is a member of the Editorial Advisory Boards of and frequent contributor to *PT - The Magazine of Physical Therapy* and *Briefings on Outpatient Rehabilitation Reimbursement and Regulations*. Peter was also a monthly columnist for *Advance for Physical Therapists* for over 10 years.

## The Resources You Need to Succeed

*Benefits to help you communicate:*

**Advertising Discount Program** (ClubCom) **Custom Calendar Program** (Adventus) **Custom Letterhead & Business Card Program** (VistaPrint) **Phone Service Program** (PowerNet Global)

*Benefits to help you manage your finances:*

**Billing Service Discount Program** (BMS) **Business & Personal Credit Card Program** (MBNA) **Payment Acceptance Program** (NOVA Information Systems) **Distinctive Check Program** (Custom Direct, Inc.) **Education Loan Program** (EAS Group) **Equipment Leasing & Financing Program** (Americorp) **GoldPortfolio Program** (MBNA)

*Benefits to help you manage your risk:*

**Auto Insurance Discount** (GEICO) **Group AD&D Insurance** (HPSO) **Group Dental Insurance** (Marsh) **Group Life Insurance** (Marsh) **Group Long Term Disability Insurance** (Marsh) **Group Short Term Disability Insurance** (Marsh) **Group Student Injury & Sickness Insurance** (Student Resources) **Health Insurance Shopping Service** (Marsh) **Long Term Care Insurance** (Marsh) **Professional Liability Insurance** (HPSO) **Short Term Medical Insurance** (Marsh) **Small Employer Group Insurance** (Marsh)

To find out more, contact APTA's Risk Management & Member Benefit Services Department 800/999-2782, ext. 3146 or [insfinsvcs@apta.org](mailto:insfinsvcs@apta.org), or visit [www.apta.org](http://www.apta.org) (select the Benefits and Services link).

## PHYSICAL THERAPISTS & PHYSICAL THERAPY ASSISTANTS

Healthcare Therapy Services (HTS), a leading provider of rehabilitation services, has FULL TIME, PART TIME and PRN positions available throughout Kentucky. Our company offers:

**Competitive Pay**  
**Medical/Dental/Vision**  
**Generous paid time off**  
**401k with match**  
**Continuing Education**

Current Openings:

**Fulltime PTA Louisville, KY - Long-Term Care Facility**

**Fulltime PT Lexington, KY- Traveling within 2-hour radius, with company car**

**Fulltime PT Barbourville, KY- Long-Term Care Facility**

**Fulltime PT/PTA Hazard, KY- Long-Term Care Facility**

*Interested candidates please call 800-650-2701 or fax your resume to 919-453-0193.*

The heart of the organization is the HOD. Credit goes to Speaker Steve Levine for keeping nearly 500 delegates on track and on time during the two and a half days of sessions. We started with some 34 RC's, an average number. Some were adopted, some withdrawn, and some referred to the BOD for further research. All were reviewed for their fiscal impact. Topics covered the following (to name a few): 1)Americans with Disabilities: Role of the APTA in Advocacy, Promotion and Accommodation, 2)Pharmacology in PT Practice, 3)Principles and Objectives for the US Health Care System and the Delivery of PT Services, 4)PT Education Program Responsibility to Promote the Value of Membership in the APTA, 5)Licensure Renewal: Mandatory Continuing Education, 6)Health Care Liability Reform, 7)Electronic Communication and Consultation, and 8)Amendments to the APTA Bylaws regarding Dues for the Active and Affiliate members. Please check the APTA web site for more information about these issues and note the article in this newsletter by Sam Brown.

Everyone should have the opportunity to experience a House session— whether as a delegate or visitor. Your involvement will bring you a better understanding of the issues affecting the profession, respect for the dedication of your fellow team members, and a renewed sense of pride in the Association.

**Component Awards**-The APTA Annual Component Awards are always announced at the annual conference. This year KPTA was recognized for its unique contribution—The *2004 Valuable Partner, Sponsor, Exhibitor and Advertiser Handbook*. Thanks to our Executive Director Lisa Langford for compiling this booklet. Contents include Spring Conference Exhibitor information, Valuable Partner Program (VPP) options, Golf Scramble Sponsorship info, Newsletter rates and a President's Message. A special thank you to our present Valuable Partners Bellarmine University, Bluegrass Biomedical, Healthcare Therapy Services, KORT, Extencicare, and Cardinal Hill.

There are many activities coming up in the next few months—something for everyone! The State Government Affairs Forum Sept. 27-29 will be held in Lake Tahoe. Charlotte, NC hosts this year's National Student Conclave Oct. 22-24. The KPTA Fall Conference will be held Oct. 22-23 in Florence, KY at the Hilton Greater Cincinnati Airport Hotel. Please check this newsletter and the KPTA website at [kpta.org](http://kpta.org) for info and registration.

*Please join us at Fall Conference as we work to make your KPTA even better!*

## FALL CONFERENCE ACCOMMODATIONS

**Hilton Greater Cincinnati Airport  
7373 Turfway Road  
Florence, KY 41042  
859-371-4400**

**Please contact the Hilton by October 5, 2004 to make your room reservation.  
Mention you are with KPTA to receive the group discounted rate of \$89.00.**



## 2004 NATIONAL DUES

Active (PT) .....\$245.00  
 Affiliate (PTA).....\$171.00

Student (PT or PTA) .....\$75.00  
 Active-Student (Post-professional)\* .....\$150.00

2004 CHAPTER DUES					CORRESPONDING DUES**		2004 SECTION DUES				
<p><b>NOTE:</b> Simultaneous payment of national and chapter dues is required. You must belong to the chapter of the state in which you live, work, or attend school or of an adjacent state if more active participation is possible.</p>											
CHAPTERS	ACTIVE	AFFILIATE	STUDENT	ACTIVE-STUDENT	(OPTIONAL)		SECTIONS	ACTIVE	AFFILIATE	STUDENT	ACTIVE-STUDENT
Alabama	\$124	\$60	\$5	\$5	AL	\$-0-	<input type="checkbox"/> Acute Care (I)	\$35	\$17	\$6	\$35
<b>Alaska</b>	<b>50</b>	<b>20</b>	<b>5</b>	<b>5</b>	<b>AK</b>	<b>-0-</b>	<input type="checkbox"/> <b>Aquatic Physical Therapy (Q)</b>	<b>35</b>	<b>25</b>	<b>20</b>	<b>20</b>
Arizona	140	84	-0-	140	AZ	140	<input type="checkbox"/> Cardiovascular & Pulmonary (L)	40	20	10	20
<b>Arkansas</b>	<b>115</b>	<b>55</b>	<b>-0-</b>	<b>50</b>	<b>AR</b>	<b>50</b>	<input type="checkbox"/> <b>Clinical Electrophysiology (K)</b>	<b>35</b>	<b>25</b>	<b>5</b>	<b>5</b>
California	245	156	23	100	CA	-0-	<input type="checkbox"/> Education (C)	50	25	15	15
<b>Colorado</b>	<b>130</b>	<b>80</b>	<b>20</b>	<b>65</b>	<b>CO</b>	<b>65</b>	<input type="checkbox"/> <b>Geriatrics (P)</b>	<b>45</b>	<b>35</b>	<b>15</b>	<b>15</b>
Connecticut	120	60	10	10	CT	-0-	<input type="checkbox"/> Hand Rehabilitation (S)	35	25	10	21
<b>Delaware</b>	<b>90</b>	<b>40</b>	<b>15</b>	<b>15</b>	<b>DE</b>	<b>50</b>	<input type="checkbox"/> <b>Health Policy &amp; Administration (Y)</b>	<b>50</b>	<b>30</b>	<b>10</b>	<b>30</b>
DC	50	25	25	25	DC	25	<input type="checkbox"/> Home Health (B)	35	25	10	10
<b>Florida</b>	<b>135</b>	<b>85</b>	<b>10</b>	<b>75</b>	<b>FL</b>	<b>100</b>	<input type="checkbox"/> <b>Neurology (N)</b>	<b>40</b>	<b>20</b>	<b>15</b>	<b>15</b>
Georgia	105	52.50	7	7	GA	-0-	<input type="checkbox"/> Oncology (T)	35	20	10	10
<b>Hawaii</b>	<b>75</b>	<b>38</b>	<b>-0-</b>	<b>-0-</b>	<b>HI</b>	<b>-0-</b>	<input type="checkbox"/> <b>Orthopaedic (J)</b>	<b>50</b>	<b>30</b>	<b>15</b>	<b>15</b>
Idaho	75	50	10	10	ID	10	<input type="checkbox"/> Pediatrics (H)	55	35	20	35
<b>Illinois</b>	<b>150</b>	<b>75</b>	<b>10</b>	<b>10</b>	<b>IL</b>	<b>-0-</b>	<input type="checkbox"/> <b>Private Practice (E)</b>	<b>175</b>	<b>105</b>	<b>50</b>	<b>150</b>
Indiana	100	55	-0-	-0-	IN	100	<input type="checkbox"/> Research (D)	35	25	5	5
<b>Iowa</b>	<b>130</b>	<b>65</b>	<b>20</b>	<b>65</b>	<b>IA</b>	<b>70</b>	<input type="checkbox"/> <b>Sports Physical Therapy (F)</b>	<b>50</b>	<b>50</b>	<b>15</b>	<b>15</b>
Kansas	80	45	10	30	KS	40	<input type="checkbox"/> Veterans Affairs (R)	25	18	8	15
<b>Kentucky</b>	<b>105</b>	<b>75</b>	<b>-0-</b>	<b>50</b>	<b>KY</b>	<b>105</b>	<input type="checkbox"/> <b>Women's Health (M)</b>	<b>40</b>	<b>20</b>	<b>20</b>	<b>20</b>
Louisiana	125	94	-0-	-0-	LA	-0-	<b>VOLUNTARY CONTRIBUTIONS</b>				
<b>Maine</b>	<b>70</b>	<b>35</b>	<b>-0-</b>	<b>-0-</b>	<b>ME</b>	<b>-0-</b>	World Confederation for Physical Therapy: <input type="checkbox"/> \$2.00				
Maryland	120	60	-0-	75	MD	-0-	PT-Political Action Committee (PT-PAC):				
<b>Massachusetts</b>	<b>120</b>	<b>60</b>	<b>24</b>	<b>60</b>	<b>MA</b>	<b>120</b>	<input type="checkbox"/> \$25.00 <input type="checkbox"/> \$50.00 <input type="checkbox"/> \$75.00 <input type="checkbox"/> \$100.00				
Michigan	125	65	10	100	MI	100	<input type="checkbox"/> Other \$ _____				
<b>Minnesota</b>	<b>140</b>	<b>60</b>	<b>10</b>	<b>10</b>	<b>MN</b>	<b>50</b>	Foundation for Physical Therapy:				
Mississippi	100	50	10	10	MS	-0-	<input type="checkbox"/> \$10.00 <input type="checkbox"/> \$25.00 <input type="checkbox"/> \$50.00 <input type="checkbox"/> \$100.00				
<b>Missouri</b>	<b>85</b>	<b>68</b>	<b>10</b>	<b>50</b>	<b>MD</b>	<b>-0-</b>	<input type="checkbox"/> \$250.00 <input type="checkbox"/> Other \$ _____				
Montana	100	50	-0-	50	MT	-0-	Minority Scholarship Fund:				
<b>Nebraska</b>	<b>75</b>	<b>40</b>	<b>-0-</b>	<b>-0-</b>	<b>NE</b>	<b>-0-</b>	<input type="checkbox"/> \$25.00 <input type="checkbox"/> \$50.00 <input type="checkbox"/> \$100.00				
Nevada	100	80	-0-	50	NV	50	<input type="checkbox"/> Other \$ _____				
<b>New Hampshire</b>	<b>70</b>	<b>35</b>	<b>10</b>	<b>10</b>	<b>NH</b>	<b>10</b>					
New Jersey	145	80	15	75	NJ	50					
<b>New Mexico</b>	<b>60</b>	<b>30</b>	<b>5</b>	<b>5</b>	<b>NM</b>	<b>30</b>					
New York	180	115	5	110	NY	180					
<b>North Carolina</b>	<b>105</b>	<b>70</b>	<b>-0-</b>	<b>-0-</b>	<b>NC</b>	<b>-0-</b>					
North Dakota	45	25	-0-	45	ND	23					
<b>Ohio</b>	<b>165</b>	<b>99</b>	<b>10</b>	<b>50</b>	<b>OH</b>	<b>48</b>					
Oklahoma	100	65	10	10	OK	20					
<b>Oregon</b>	<b>100</b>	<b>55</b>	<b>15</b>	<b>50</b>	<b>OR</b>	<b>50</b>					
Pennsylvania	140	100	5	50	PA	70					
<b>Puerto Rico</b>	<b>20</b>	<b>10</b>	<b>-0-</b>	<b>-0-</b>	<b>PR</b>	<b>-0-</b>					
Rhode Island	80	40	10	-0-	RI	25					
<b>South Carolina</b>	<b>100</b>	<b>60</b>	<b>5</b>	<b>100</b>	<b>SC</b>	<b>50</b>					
South Dakota	50	40	-0-	25	SD	-0-					
<b>Tennessee</b>	<b>100</b>	<b>67</b>	<b>-0-</b>	<b>60</b>	<b>TN</b>	<b>25</b>					
Texas	135	83	10	10	TX	-0-					
<b>Utah</b>	<b>50</b>	<b>25</b>	<b>5</b>	<b>5</b>	<b>UT</b>	<b>-0-</b>					
Vermont	40	40	-0-	-0-	VT	20					
<b>Virginia</b>	<b>85</b>	<b>60</b>	<b>-0-</b>	<b>50</b>	<b>VA</b>	<b>75</b>					
Washington	125	82	-0-	40	WA	50					
<b>West Virginia</b>	<b>80</b>	<b>50</b>	<b>10</b>	<b>10</b>	<b>WV</b>	<b>-0-</b>					
Wisconsin	156	79	15	90	WI	-0-					
<b>Wyoming</b>	<b>60</b>	<b>38</b>	<b>-0-</b>	<b>30</b>	<b>WY</b>	<b>20</b>					

\* Master's or doctoral student who is enrolled full time in a non-entry-level program and who already has an entry-level degree in physical therapy.  
 \*\* Corresponding dues are optional and entitle current APTA members to participate in additional chapters. These dues are in addition to your 2004 chapter dues.  
 Membership dues include \$12 subscription to *Physical Therapy*; \$10 subscription to *PT—Magazine of Physical Therapy*; \$50 subscription to *PT Bulletin Online*. Contact APTA for nonmember rates.  
 Membership dues may be deductible in part as a business expense. They are not deductible as a charitable contribution for income tax purposes. See your tax advisor for details.